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|-------------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | ◇ | | | ◇ | | | | ◇ | | | ◇ | | | | ◇ | | | | ◇ | | | | | |
| London Liverpool Street | Dep | 09.47 | 10.00 | .. | 10.17 | .. | 10.30 | .. | 10.47 | 11.00 | .. | 11.14 | 11.17 | .. | 11.30 | .. | 11.44 | 11.47 | 12.00 | .. | 12.14 | 12.17 | .. | 12.30 | .. |
| Hackney Downs | | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| Stratford | | 09.56 | | 10.14 | 10.26 | | | 10.44 | 10.56 | | 11.14 | 11.22 | 11.26 | | | 11.44 | 11.52 | 11.57 | | 12.14 | 12.22 | 12.27 | | | 12.44 |
| Lea Bridge | | 10.02 | .. | 10.20 | 10.32 | .. | .. | 10.50 | .. | .. | 11.20 | .. | 11.32 | .. | .. | 11.50 | .. | 12.03 | .. | 12.20 | .. | 12.33 | .. | .. | 12.50 |
| Tottenham Hale | | 10.07 | 10.20 | 10.25 | 10.37 | | 10.50 | 10.55 | 11.06 | 11.20 | 11.25 | 11.33 | 11.37 | | 11.50 | 11.55 | 12.03 | 12.09 | 12.20 | 12.25 | 12.33 | 12.39 | | 12.50 | 12.55 |
| Northumberland Park | Arr | 10.09 | .. | .. | 10.39 | .. | .. | .. | 11.08 | .. | 11.28 | 11.35 | 11.40 | .. | .. | 11.58 | 12.05 | 12.11 | .. | 12.28 | 12.35 | 12.41 | .. | .. | 12.58 |
| | Dep | 10.09 | | | 10.39 | | | | 11.09 | | 11.29 | 11.37 | 11.42 | | | 11.59 | 12.07 | 12.15 | | 12.29 | 12.37 | 12.45 | | | 12.59 |
| Meridian Water Station | | 10.11 | .. | .. | 10.41 | .. | .. | .. | 11.11 | .. | .. | 11.39 | 11.45 | .. | .. | .. | 12.09 | 12.18 | .. | .. | 12.39 | 12.48 | .. | .. | .. |
| Ponders End | | | | 10.29 | | | | 10.59 | | | | 11.43 | | | | | 12.13 | | | | 12.43 | | | | |
| Brimsdown | | .. | .. | 10.32 | .. | .. | .. | 11.02 | .. | .. | 11.34 | .. | .. | .. | .. | 12.04 | .. | .. | .. | 12.34 | .. | .. | .. | .. | 13.04 |
| Enfield Lock | | | | 10.34 | | | | 11.04 | | | 11.37 | | | | | 12.07 | | | | 12.37 | | | | | 13.07 |
| Waltham Cross | | .. | .. | 10.37 | .. | .. | .. | 11.07 | .. | .. | 11.39 | .. | .. | .. | .. | 12.09 | .. | .. | .. | 12.39 | .. | .. | .. | .. | 13.09 |
| Seven Sisters | Arr | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| | Dep | | | | | | | | | | | | | | | | | | | | | | | | |
| White Hart Lane | Arr | | | | | | | | | | | | | | | | | | | | | | | | |
| | Dep | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| Cheshunt | | 10.18 | .. | 10.39 | 10.48 | .. | .. | 11.09 | 11.18 | .. | 11.42 | 11.48 | .. | .. | .. | 12.12 | 12.18 | .. | .. | 12.42 | 12.48 | .. | .. | .. | 13.12 |
| Broxbourne | Arr | 10.23 | | 10.45 | 10.53 | | | 11.15 | 11.23 | | 11.47 | 11.53 | | | | 12.17 | 12.23 | | | 12.47 | 12.53 | | | | 13.17 |
| | Dep | 10.23 | .. | 10.45 | 10.53 | .. | .. | 11.15 | 11.23 | .. | 11.47 | 11.53 | .. | .. | .. | 12.17 | 12.23 | .. | .. | 12.47 | 12.53 | .. | .. | .. | 13.17 |
| Rye House | | | | 10.48 | | | | 11.18 | | | 11.51 | | | | | 12.21 | | | | 12.51 | | | | | 13.21 |
| St. Margaret's | | .. | .. | 10.51 | .. | .. | .. | 11.21 | .. | .. | 11.54 | .. | .. | .. | .. | 12.24 | .. | .. | .. | 12.54 | .. | .. | .. | .. | 13.24 |
| Ware | | | | 10.55 | | | | 11.25 | | | 11.58 | | | | | 12.28 | | | | 12.58 | | | | | 13.28 |
| Hertford East | Arr | .. | .. | 11.03 | .. | .. | .. | 11.33 | .. | .. | 12.05 | .. | .. | .. | .. | 12.35 | .. | .. | .. | 13.05 | .. | .. | .. | .. | 13.35 |
| Roydon | | 10.27 | | | | | | | 11.27 | | | | | | | | 12.27 | | | | | | | | |
| Harlow Town | Arr | 10.31 | 10.36 | .. | 10.59 | .. | 11.06 | .. | 11.31 | 11.36 | .. | 11.59 | .. | .. | 12.06 | .. | 12.31 | .. | 12.36 | .. | 12.59 | .. | .. | 13.06 | .. |
| | Dep | 10.31 | 10.37 | | 10.59 | | 11.06 | | 11.31 | 11.37 | | 11.59 | | | 12.06 | | 12.31 | | 12.37 | | 12.59 | | | 13.06 | |
| Harlow Mill | | 10.34 | .. | .. | .. | .. | .. | .. | 11.34 | .. | .. | .. | .. | .. | .. | .. | 12.34 | .. | .. | .. | .. | .. | .. | .. | .. |
| Sawbridgeworth | | 10.38 | | | 11.04 | | | | 11.38 | | | 12.04 | | | | | 12.38 | | | | 13.04 | | | | |
| Bishops Stortford | Arr | 10.44 | 10.47 | .. | 11.10 | .. | 11.15 | .. | 11.44 | 11.47 | .. | 12.10 | .. | .. | .. | 12.15 | .. | 12.44 | .. | 12.47 | .. | 13.10 | .. | .. | 13.15 |
| Bishops Stortford | Dep | 10.44 | 10.48 | | 11.10 | | 11.15 | | 11.44 | 11.48 | | 12.10 | | | 12.15 | | 12.44 | | 12.48 | | 13.10 | | | 13.15 | |
| Stansted Mountfitchet | | 10.48 | .. | .. | .. | .. | 11.20 | .. | 11.48 | .. | .. | .. | .. | .. | 12.20 | .. | 12.48 | .. | .. | .. | .. | .. | .. | 13.20 | |
| Stansted Airport | Arr | | 10.59 | | | | 11.28 | | | 11.59 | | | | | 12.28 | | | | 12.59 | | | | | 13.28 | |
| Stansted Airport | Dep | .. | .. | .. | .. | 11.11 | .. | .. | .. | .. | .. | .. | .. | 12.11 | .. | .. | .. | .. | .. | .. | .. | .. | 13.11 | .. | .. |
| Elsenham | | 10.52 | | | | | | | 11.52 | | | | | | | | 12.52 | | | | | | | | |
| Newport (Essex) | | 10.57 | .. | .. | .. | .. | .. | .. | 11.57 | .. | .. | .. | .. | .. | .. | .. | 12.57 | .. | .. | .. | .. | .. | .. | .. | .. |
| Audley End | | 11.00 | | | 11.22 | 11.26 | | | 12.00 | | | 12.22 | | 12.26 | | | 13.00 | | | | 13.22 | | 13.26 | | |
| Great Chesterford | | 11.05 | .. | .. | .. | .. | .. | .. | 12.05 | .. | .. | .. | .. | .. | .. | .. | 13.05 | .. | .. | .. | .. | .. | .. | .. | .. |
| Whittlesford | | 11.10 | | | 11.30 | 11.34 | | | 12.10 | | | 12.30 | | 12.34 | | | 13.10 | | | | 13.30 | | 13.34 | | |
| Shelford | | 11.14 | .. | .. | .. | .. | .. | .. | 12.14 | .. | .. | .. | .. | .. | .. | .. | 13.14 | .. | .. | .. | .. | .. | .. | .. | .. |
| Cambridge | Arr | 11.21 | | | 11.40 | 11.44 | | | 12.21 | | | 12.40 | | 12.44 | | | 13.21 | | | | 13.40 | | 13.44 | | |
| Cambridge | Dep | 11.23 | .. | .. | 11.41 | 11.50 | .. | .. | 12.23 | .. | .. | 12.41 | .. | .. | 12.50 | .. | 13.23 | .. | .. | .. | 13.41 | .. | 13.50 | .. | .. |
| Cambridge North | Arr | 11.30 | | | 11.48 | 11.54 | | | 12.30 | | | 12.49 | | 12.54 | | | 13.30 | | | | 13.49 | | 13.54 | | |

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| | | ◇ | | | | ◇ | | | | | ◇ | | | | | | ◇ | | | ◇ | | | | ◇ | |
| London Liverpool Street | Dep | 12.44 | 12.47 | 13.00 | .. | 13.14 | 13.17 | .. | 13.30 | .. | 13.44 | 14.00 | .. | 14.14 | .. | 14.30 | .. | 14.47 | 15.00 | .. | 15.17 | .. | 15.30 | .. | 15.44 |
| Hackney Downs | | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| Stratford | | 12.52 | 12.57 | | 13.14 | 13.22 | 13.27 | | | 13.44 | 13.52 | | 14.14 | 14.22 | | | 14.44 | 14.56 | | 15.14 | 15.26 | | | 15.44 | 15.52 |
| Lea Bridge | | .. | 13.03 | .. | 13.20 | .. | 13.33 | .. | .. | 13.50 | .. | .. | 14.20 | .. | .. | .. | 14.50 | .. | .. | 15.20 | 15.32 | .. | .. | 15.50 | .. |
| Tottenham Hale | | 13.03 | 13.09 | 13.20 | 13.25 | 13.33 | 13.39 | | 13.50 | 13.55 | 14.03 | 14.20 | 14.25 | 14.33 | | 14.50 | 14.55 | 15.06 | 15.20 | 15.25 | 15.37 | | 15.50 | 15.55 | 16.02 |
| Northumberland Park | Arr | 13.05 | 13.11 | .. | 13.28 | 13.35 | 13.41 | .. | .. | 13.58 | 14.05 | .. | 14.28 | 14.35 | .. | .. | 14.57 | 15.08 | .. | .. | 15.39 | .. | .. | .. | 16.05 |
| | Dep | 13.07 | 13.15 | | 13.29 | 13.37 | 13.45 | | | 13.59 | 14.07 | | 14.28 | 14.36 | | | 14.58 | 15.09 | | | 15.39 | | | 15u59 | 16.07 |
| Meridian Water Station | | 13.09 | 13.18 | .. | .. | 13.39 | 13.48 | .. | .. | .. | 14.09 | .. | .. | 14.38 | .. | .. | .. | 15.11 | .. | .. | 15.41 | .. | .. | .. | 16.09 |
| Ponders End | | 13.13 | | | .. | 13.43 | | | | | 14.13 | | | 14.41 | | | 15.02 | | | 15.29 | | | | 16.12 | |
| Brimsdown | | .. | .. | .. | 13.34 | .. | .. | .. | .. | 14.04 | .. | .. | 14.33 | .. | .. | .. | 15.04 | .. | .. | 15.32 | .. | .. | .. | 16.04 | .. |
| Enfield Lock | | | | | 13.37 | .. | .. | .. | .. | 14.07 | | | 14.36 | | | | 15.07 | | | 15.34 | | | | 16.07 | |
| Waltham Cross | | .. | .. | .. | 13.39 | .. | .. | .. | .. | 14.09 | .. | .. | 14.38 | .. | .. | .. | 15.09 | .. | .. | 15.37 | .. | .. | .. | 16.09 | .. |
| Seven Sisters | Arr | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| | Dep | | | | | | | | | | | | | | | | | | | | | | | | |
| White Hart Lane | Arr | | | | | | | | | | | | | | | | | | | | | | | | |
| | Dep | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| Cheshunt | | 13.18 | .. | .. | 13.42 | 13.48 | .. | .. | .. | 14.12 | 14.18 | .. | 14.41 | 14.47 | .. | .. | 15.12 | 15.18 | .. | 15.39 | 15.48 | .. | .. | 16.12 | 16.18 |
| Broxbourne | Arr | 13.23 | | | 13.47 | 13.53 | | | | 14.17 | 14.23 | | 14.46 | 14.52 | | | 15.17 | 15.23 | | 15.45 | 15.53 | | | 16.17 | 16.23 |
| | Dep | 13.23 | .. | .. | 13.47 | 13.53 | .. | .. | .. | 14.17 | 14.23 | .. | 14.46 | 14.53 | .. | .. | 15.17 | 15.23 | .. | 15.45 | 15.53 | .. | .. | 16.17 | 16.23 |
| Rye House | | | | | 13.51 | | | | | 14.21 | | | 14.50 | | | | 15.21 | | | 15.48 | | | | 16.21 | |
| St. Margaret's | | .. | .. | .. | 13.54 | .. | .. | .. | .. | 14.24 | .. | .. | 14.53 | .. | .. | .. | 15.24 | .. | .. | 15.51 | .. | .. | .. | 16.24 | .. |
| Ware | | | | | 13.58 | | | | | 14.28 | | | 14.57 | | | | 15.28 | | | 15.55 | | | | 16.28 | |
| Hertford East | Arr | .. | .. | .. | 14.05 | .. | .. | .. | .. | 14.35 | .. | .. | 15.04 | .. | .. | .. | 15.35 | .. | .. | 16.03 | .. | .. | .. | 16.35 | .. |
| Roydon | | 13.27 | | | | | | | | | 14.27 | | | | | | | 15.27 | | | | | | | 16.27 |
| Harlow Town | Arr | 13.31 | .. | 13.36 | .. | 13.59 | .. | .. | 14.06 | .. | 14.31 | 14.36 | .. | 14.59 | .. | 15.06 | .. | 15.31 | 15.36 | .. | 15.59 | .. | 16.06 | .. | 16.31 |
| | Dep | 13.31 | | 13.37 | | 13.59 | | | 14.06 | | 14.31 | 14.37 | | 14.59 | | 15.06 | | 15.31 | 15.37 | | 15.59 | | 16.06 | | 16.31 |
| Harlow Mill | | 13.34 | .. | .. | .. | .. | .. | .. | .. | .. | 14.34 | .. | .. | .. | .. | .. | .. | 15.34 | .. | .. | .. | .. | .. | .. | 16.34 |
| Sawbridgeworth | | 13.38 | | | | 14.04 | | | | | 14.38 | | | 15.04 | | | | 15.38 | | | 16.04 | | | | 16.38 |
| Bishops Stortford | Arr | 13.44 | .. | 13.47 | .. | 14.10 | .. | .. | 14.15 | .. | 14.44 | 14.47 | .. | 15.10 | .. | 15.15 | .. | 15.44 | 15.47 | .. | 16.10 | .. | 16.15 | .. | 16.44 |
| Bishops Stortford | Dep | 13.44 | | 13.48 | | 14.10 | | | 14.15 | | 14.44 | 14.48 | | 15.10 | | 15.15 | | 15.44 | 15.48 | | 16.10 | | 16.15 | | 16.44 |
| Stansted Mountfitchet | | 13.48 | .. | .. | .. | .. | .. | .. | 14.20 | .. | 14.48 | .. | .. | .. | .. | 15.20 | .. | 15.48 | .. | .. | .. | .. | 16.20 | .. | 16.48 |
| Stansted Airport | Arr | | | 13.59 | | | | | 14.28 | | | 14.59 | | | | 15.28 | | | 15.59 | | | | 16.28 | | |
| Stansted Airport | Dep | .. | .. | .. | .. | .. | .. | 14.11 | .. | .. | .. | .. | .. | .. | 15.11 | .. | .. | .. | .. | .. | .. | 16.11 | .. | .. | .. |
| Eisenham | | 13.52 | | | | | | | | | 14.52 | | | | | | | 15.52 | | | | | | | 16.52 |
| Newport (Essex) | | 13.57 | .. | .. | .. | .. | .. | .. | .. | .. | 14.57 | .. | .. | .. | .. | .. | .. | 15.57 | .. | .. | .. | .. | .. | .. | 16.57 |
| Audley End | | 14.00 | | | | 14.22 | | 14.26 | | | 15.00 | | | 15.22 | 15.26 | | | 16.00 | | | 16.22 | 16.26 | | | 17.00 |
| Great Chesterford | | 14.05 | .. | .. | .. | .. | .. | .. | .. | .. | 15.05 | .. | .. | .. | .. | .. | .. | 16.05 | .. | .. | .. | .. | .. | .. | 17.05 |
| Whittlesford | | 14.10 | | | | 14.30 | | 14.34 | | | 15.10 | | | 15.30 | 15.34 | | | 16.10 | | | 16.30 | 16.34 | | | 17.10 |
| Shelford | | 14.14 | .. | .. | .. | .. | .. | .. | .. | .. | 15.14 | .. | .. | .. | .. | .. | .. | 16.14 | .. | .. | .. | .. | .. | .. | 17.14 |
| Cambridge | Arr | 14.21 | | | | 14.40 | | 14.44 | | | 15.21 | | | 15.40 | 15.44 | | | 16.21 | | | 16.40 | 16.44 | | | 17.21 |
| Cambridge | Dep | 14.23 | .. | .. | .. | 14.41 | .. | 14.50 | .. | .. | 15.23 | .. | .. | 15.41 | 15.50 | .. | .. | 16.23 | .. | .. | 16.41 | 16.50 | .. | .. | 17.23 |
| Cambridge North | Arr | 14.30 | | | | 14.49 | | 14.54 | | | 15.30 | | | 15.49 | 15.54 | | | 16.30 | | | 16.49 | 16.54 | | | 17.30 |

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|-------------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | | ◇ | | | | ◇ | | | ◇ | | | | ◇ | | | ◇ | | | ◇ | | | ◇ | | | |
| London Liverpool Street | Dep | 19.14 | .. | 19.30 | .. | 19.44 | 20.00 | .. | 20.14 | .. | 20.30 | .. | 20.47 | 21.00 | .. | 21.17 | .. | 21.30 | .. | 21.47 | 22.00 | .. | 22.17 | 22.30 | .. |
| Hackney Downs | | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| Stratford | | 19.22 | | | 19.44 | 19.52 | | 20.14 | 20.22 | | | 20.44 | 20.56 | | 21.14 | 21.26 | | | 21.44 | 21.56 | | 22.14 | 22.26 | | 22.44 |
| Lea Bridge | | .. | .. | .. | 19.50 | .. | .. | 20.20 | 20.28 | .. | .. | 20.50 | 21.02 | .. | 21.20 | 21.32 | .. | .. | 21.50 | 22.02 | .. | 22.20 | 22.32 | .. | 22.50 |
| Tottenham Hale | | 19.32 | | 19.50 | 19.55 | 20.02 | 20.20 | 20.25 | 20.34 | | 20.50 | 20.55 | 21.07 | 21.20 | 21.25 | 21.37 | | 21.50 | 21.55 | 22.07 | 22.20 | 22.25 | 22.37 | 22.50 | 22.55 |
| Northumberland Park | Arr | 19.35 | .. | .. | .. | 20.05 | .. | .. | 20.36 | .. | .. | .. | 21.09 | .. | .. | 21.39 | .. | .. | .. | 22.09 | .. | .. | 22.39 | .. | .. |
| | Dep | 19.37 | | | 19u59 | 20.07 | | 20u28 | 20.37 | | | | 21.09 | | | 21.39 | | | | 22.09 | | | 22.39 | | |
| Meridian Water Station | | 19.39 | .. | .. | .. | 20.09 | .. | .. | 20.39 | .. | .. | .. | 21.11 | .. | .. | 21.41 | .. | .. | .. | 22.11 | .. | .. | 22.41 | .. | .. |
| Ponders End | | 19.42 | | | .. | 20.12 | | | 20.42 | .. | .. | .. | .. | .. | .. | .. | .. | .. | 21.59 | | | 22.29 | | | 22.59 |
| Brimsdown | | .. | .. | .. | 20.04 | .. | .. | 20.33 | .. | .. | .. | 21.02 | .. | .. | 21.32 | .. | .. | .. | 22.02 | .. | .. | 22.32 | .. | .. | 23.02 |
| Enfield Lock | | | | | 20.07 | | | 20.35 | | | | 21.04 | | | 21.34 | | | | 22.04 | | | 22.34 | | | 23.04 |
| Waltham Cross | | .. | .. | .. | 20.09 | .. | .. | 20.38 | .. | .. | .. | 21.07 | .. | .. | 21.37 | .. | .. | .. | 22.07 | .. | .. | 22.37 | .. | .. | 23.07 |
| Seven Sisters | Arr | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| | Dep | | | | | | | | | | | | | | | | | | | | | | | | |
| White Hart Lane | Arr | | | | | | | | | | | | | | | | | | | | | | | | |
| | Dep | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. |
| Cheshunt | | 19.48 | .. | .. | 20.12 | 20.18 | .. | 20.40 | 20.47 | .. | .. | 21.09 | 21.18 | .. | 21.39 | 21.48 | .. | .. | 22.09 | 22.18 | .. | 22.39 | 22.48 | .. | 23.09 |
| Broxbourne | Arr | 19.53 | | | 20.17 | 20.23 | | 20.46 | 20.53 | | | 21.15 | 21.23 | | 21.45 | 21.53 | | | 22.15 | 22.23 | | 22.45 | 22.53 | | 23.15 |
| | Dep | 19.53 | .. | .. | 20.17 | 20.23 | .. | 20.46 | 20.53 | .. | .. | 21.15 | 21.23 | .. | 21.45 | 21.53 | .. | .. | 22.15 | 22.23 | .. | 22.45 | 22.53 | .. | 23.15 |
| Rye House | | | | | 20.21 | | | 20.49 | | | | 21.18 | | | 21.48 | | | | 22.18 | | | 22.48 | | | 23.18 |
| St. Margaret's | | .. | .. | .. | 20.24 | .. | .. | 20.52 | .. | .. | .. | 21.21 | .. | .. | 21.51 | .. | .. | .. | 22.21 | .. | .. | 22.51 | .. | .. | 23.21 |
| Ware | | | | | 20.28 | | | 20.56 | | | | 21.25 | | | 21.55 | | | | 22.25 | | | 22.55 | | | 23.25 |
| Hertford East | Arr | .. | .. | .. | 20.35 | .. | .. | 21.04 | .. | .. | .. | 21.33 | .. | .. | 22.03 | .. | .. | .. | 22.33 | .. | .. | 23.03 | .. | .. | 23.33 |
| Roydon | | | | | | 20.27 | | | | | | | 21.27 | | | | | | | 22.27 | | | | | |
| Harlow Town | Arr | 19.59 | .. | 20.06 | .. | 20.31 | 20.36 | .. | 20.59 | .. | 21.06 | .. | 21.31 | 21.36 | .. | 21.59 | .. | 22.06 | .. | 22.31 | 22.36 | .. | 22.59 | 23.06 | .. |
| | Dep | 19.59 | | 20.06 | | 20.31 | 20.37 | | 20.59 | | 21.06 | | 21.31 | 21.37 | | 21.59 | | 22.06 | | 22.31 | 22.37 | | 22.59 | 23.06 | |
| Harlow Mill | | .. | .. | .. | .. | 20.34 | .. | .. | .. | .. | .. | .. | 21.34 | .. | .. | .. | .. | .. | .. | 22.34 | .. | .. | .. | .. | .. |
| Sawbridgeworth | | 20.04 | | | | 20.38 | | | 21.04 | | | | 21.38 | | | 22.04 | | | | 22.38 | | | | | |
| Bishops Stortford | Arr | 20.10 | .. | 20.15 | .. | 20.44 | 20.47 | .. | 21.10 | .. | 21.15 | .. | 21.44 | 21.47 | .. | 22.10 | .. | 22.15 | .. | 22.44 | 22.47 | .. | 23.10 | 23.15 | .. |
| Bishops Stortford | Dep | 20.10 | | 20.15 | | 20.44 | 20.48 | | 21.10 | | 21.15 | | 21.44 | 21.48 | | 22.10 | | 22.15 | | 22.44 | 22.48 | | 23.10 | 23.15 | |
| Stansted Mountfitchet | | .. | .. | 20.20 | .. | 20.48 | .. | .. | .. | .. | .. | .. | 21.20 | .. | .. | 21.48 | .. | .. | 22.20 | .. | 22.48 | .. | .. | 23.20 | |
| Stansted Airport | Arr | | | 20.28 | | | 20.59 | | | | 21.30 | | | | 21.59 | | | | 22.28 | | | 22.59 | | | 23.28 |
| Stansted Airport | Dep | .. | 20.11 | .. | .. | .. | .. | .. | .. | 21.19 | .. | .. | .. | .. | .. | .. | 22.11 | .. | .. | .. | .. | .. | .. | .. | .. |
| Eisenham | | | | | .. | 20.52 | | | | | | | 21.52 | | | | | | | 22.52 | | | | | |
| Newport (Essex) | | .. | .. | .. | .. | 20.57 | .. | .. | .. | .. | .. | .. | 21.57 | .. | .. | .. | .. | .. | .. | 22.57 | .. | .. | .. | .. | .. |
| Audley End | | 20.22 | 20.26 | | | 21.00 | | | 21.22 | 21.33 | | | 22.00 | | | 22.22 | 22.26 | | | 23.00 | | | 23.23 | | |
| Great Chesterford | | .. | .. | .. | .. | 21.05 | .. | .. | .. | .. | .. | .. | 22.05 | .. | .. | .. | .. | .. | .. | 23.05 | .. | .. | .. | .. | .. |
| Whittlesford | | 20.30 | 20.34 | | | 21.10 | | | 21.30 | 21.41 | | | 22.10 | | | 22.30 | 22.34 | | | 23.10 | | | 23.31 | | |
| Shelford | | .. | .. | .. | .. | 21.14 | .. | .. | .. | .. | .. | .. | 22.14 | .. | .. | .. | .. | .. | .. | 23.14 | .. | .. | .. | .. | .. |
| Cambridge | Arr | 20.40 | 20.44 | | | 21.21 | | | 21.43 | 21.50 | | | 22.21 | | | 22.42 | 22.44 | | | 23.23 | | | 23.42 | | |
| Cambridge | Dep | 20.41 | 20.48 | .. | .. | 21.23 | .. | .. | .. | 21.51 | .. | .. | 22.26 | .. | .. | .. | .. | .. | .. | 23.25 | .. | .. | .. | .. | .. |
| Cambridge North | Arr | 20.49 | 20.52 | | | 21.30 | | | | 21.55 | | | 22.33 | | | | | | | 23.32 | | | | | |

u - Pick Up Only

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| London Liverpool Street | Dep | 22.57 | 23.25 | 23.28 | .. | 00.06 |
| Hackney Downs | | .. | .. | .. | .. | .. |
| Stratford | | 23.06 | | 23.38 | 23.44 | |
| Lea Bridge | | 23.12 | .. | .. | 23.50 | .. |
| Tottenham Hale | | 23.16 | 23.44 | 23.47 | 23.54 | |
| Northumberland Park | Arr | 23.19 | .. | .. | .. | .. |
| | Dep | 23.19 | | | | |
| Meridian Water Station | | 23.21 | .. | .. | .. | .. |
| Ponders End | | | | | 23.59 | |
| Brimsdown | | .. | .. | .. | 00.01 | .. |
| Enfield Lock | | | | | 00.04 | |
| Waltham Cross | | .. | .. | .. | 00.06 | .. |
| Seven Sisters | Arr | .. | .. | .. | .. | 00.16 |
| | Dep | | | | | 00.17 |
| White Hart Lane | Arr | | | | | |
| | Dep | .. | .. | .. | .. | .. |
| Cheshunt | | 23.27 | .. | 23.55 | 00.09 | 00.28 |
| Broxbourne | Arr | 23.33 | | 00.01 | 00.14 | 00.34 |
| | Dep | 23.33 | .. | 00.01 | 00.14 | 00.34 |
| Rye House | | | | | 00.18 | |
| St. Margaret's | | .. | .. | .. | 00.21 | .. |
| Ware | | | | | 00.25 | |
| Hertford East | Arr | .. | .. | .. | 00.32 | .. |
| Roydon | | 23.37 | | | | 00.38 |
| Harlow Town | Arr | 23.41 | 00.01 | 00.07 | .. | 00.42 |
| | Dep | 23.41 | 00.01 | 00.07 | | 00.42 |
| Harlow Mill | | 23.44 | .. | .. | .. | 00.45 |
| Sawbridgeworth | | 23.47 | | 00.12 | | 00.48 |
| Bishops Stortford | Arr | 23.53 | 00.10 | 00.19 | .. | 00.55 |
| Bishops Stortford | Dep | 23.53 | 00.10 | | | |
| Stansted Mountfitchet | | 23.58 | .. | .. | .. | .. |
| Stansted Airport | Arr | | 00.21 | | | |
| Stansted Airport | Dep | .. | .. | .. | .. | .. |
| Elsenham | | 00.01 | | | | |
| Newport (Essex) | | 00.07 | .. | .. | .. | .. |
| Audley End | | 00.10 | | | | |
| Great Chesterford | | 00.15 | .. | .. | .. | .. |
| Whittlesford | | 00.19 | | | | |
| Shelford | | 00.24 | .. | .. | .. | .. |
| Cambridge | Arr | 00.34 | | | | |
| Cambridge | Dep | .. | .. | .. | .. | .. |
| Cambridge North | Arr | | | | | |

u - Pick Up Only

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| | | | | | | | | | | | | ◇ | | | | ◇ | | | | ◇ | | | ◇ | | | |
| Cambridge North | Dep | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | |
| Cambridge | Arr | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cambridge | Dep | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | 07.31 | .. | 07.39 | .. | 07.50 | .. | .. | 08.25 | 08.32 | .. | .. | 08.50 | .. | .. | |
| Shelford | | | | | | | | | | | | | | | | 07.55 | | | | | | | | 08.55 | | |
| Whittlesford | | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | 07.39 | .. | 07.46 | .. | 08.00 | .. | .. | 08.34 | 08.39 | .. | .. | 09.00 | .. | .. | |
| Great Chesterford | | | | | | | | | | | | | | | | 08.04 | | | | | | | | 09.04 | | |
| Audley End | | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | 07.47 | .. | 07.55 | .. | 08.10 | .. | .. | 08.43 | 08.47 | .. | .. | 09.10 | .. | .. | |
| Newport (Essex) | | | | | | | | | | | | | | | | 08.13 | | | | | | | | 09.13 | | |
| Elsenham | | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | 08.19 | .. | .. | .. | .. | .. | .. | .. | 09.19 | .. | |
| Stansted Airport ← | Arr | | | | | | | | | | | | | 08.09 | | | | | 09.03 | | | | | | | |
| Stansted Airport ← | Dep | 05.30 | 06.00 | 06.30 | .. | .. | 06.58 | .. | 07.15 | .. | 07.45 | .. | .. | .. | 08.15 | .. | .. | 08.45 | .. | .. | .. | .. | 09.15 | .. | .. | |
| Stansted Mountfitchet | | | | | | | 07.04 | | | | 07.51 | | | | | 08.23 | | 08.51 | | | | | | 09.25 | | |
| Bishops Stortford | Arr | 05.40 | 06.09 | 06.39 | .. | .. | 07.08 | .. | 07.24 | .. | 07.55 | 08.00 | .. | .. | 08.24 | 08.28 | .. | 08.55 | .. | 09.00 | .. | .. | 09.24 | 09.29 | .. | |
| Bishops Stortford | Dep | 05.41 | 06.09 | 06.39 | 06.42 | 07.00 | 07.08 | | 07.24 | | 07.56 | 08.01 | | | 08.24 | 08.28 | | 08.56 | | 09.01 | | | 09.24 | 09.30 | | |
| Sawbridgeworth | | .. | .. | .. | 06.46 | 07.04 | .. | .. | .. | .. | .. | 08.05 | .. | .. | .. | 08.32 | .. | .. | .. | 09.05 | .. | .. | 09.34 | .. | .. | |
| Harlow Mill | | | | | | 07.08 | | | | | | | | | | 08.36 | | | | | | | | 09.38 | | |
| Harlow Town | Arr | 05.49 | 06.17 | 06.47 | 06.51 | 07.11 | 07.16 | .. | 07.32 | .. | 08.04 | 08.10 | .. | .. | 08.32 | 08.39 | .. | 09.04 | .. | 09.10 | .. | .. | 09.32 | 09.41 | .. | |
| Roydon | Dep | 05.49 | 06.17 | 06.47 | 06.51 | 07.11 | 07.16 | | 07.32 | | 08.05 | 08.10 | | | 08.33 | 08.39 | | 09.05 | | 09.10 | | | 09.33 | 09.41 | 10.05 | |
| Hertford East | Dep | .. | .. | .. | .. | .. | .. | .. | .. | 07.39 | | | 08.09 | | | | 08.39 | | | | 09.09 | | | 09.39 | | |
| Ware | | .. | .. | .. | .. | .. | .. | .. | .. | 07.43 | .. | .. | 08.13 | .. | .. | .. | 08.43 | .. | .. | .. | 09.13 | .. | .. | 09.43 | .. | |
| St. Margaret's | | | | | | | | | | 07.47 | | | 08.17 | | | | 08.47 | | | | 09.17 | | | 09.47 | | |
| Rye House | | .. | .. | .. | .. | .. | .. | .. | .. | 07.50 | .. | .. | 08.20 | .. | .. | .. | 08.50 | .. | .. | .. | 09.20 | .. | .. | 09.50 | .. | |
| Broxbourne | Arr | | | | 06.57 | 07.19 | | | | 07.55 | | 08.16 | 08.25 | | | 08.47 | 08.55 | | | 09.16 | 09.25 | | 09.49 | 09.55 | | |
| Cheshunt | Dep | .. | .. | .. | 06.57 | 07.25 | .. | .. | .. | 07.55 | .. | 08.16 | 08.25 | .. | .. | 08.47 | 08.55 | .. | .. | 09.16 | 09.25 | .. | 09.49 | 09.55 | .. | |
| White Hart Lane | Arr | | | | | | | | | | | | | | | | | | | | | | | | | |
| Seven Sisters ⇄ | Dep | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | |
| Waltham Cross | Arr | 06.10 | 06.37 | 07.07 | 07.13 | 07.41 | 07.36 | 07.41 | 07.55 | 08.11 | | | | | | | | | | | | | | | | |
| Enfield Lock | Dep | 06.10 | 06.37 | 07.07 | 07.13 | 07.41 | 07.36 | 07.41 | 07.55 | 08.11 | | | | | | | | | | | | | | | | |
| Brimsdown | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ponders End | | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | 08.38 | .. | .. | .. | .. | 09.38 | .. | .. | 10.08 | .. | |
| Meridian Water Station | | | | | | | | | | | | | | | | 08.42 | | | | | 09.42 | | | 10.12 | | |
| Northumberland Park | Arr | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | .. | 08.44 | .. | .. | .. | .. | 09.44 | .. | .. | 10.14 | .. | |
| Tottenham Hale ⇄ | Dep | | | | | | | | | | | | | | | 08.44 | | | | | 09.44 | | | 10.14 | | |
| Lea Bridge | | .. | .. | .. | .. | .. | .. | .. | .. | .. | 08.22 | 08.32 | 08.47 | .. | 08.52 | 09.02 | 09.17 | 09.22 | .. | 09.32 | 09.47 | 09.52 | 10.02 | 10.17 | 10.22 | |
| Stratford ⇄ | | | | | | | | | | | | 08.36 | 08.51 | | | 09.06 | 09.21 | | | 09.36 | 09.51 | | 10.06 | 10.21 | | |
| Hackney Downs | | .. | .. | .. | 07.18 | .. | .. | 07.45 | | 08.17 | | | | | | 08.44 | 09.00 | .. | .. | 09.14 | 09.30 | .. | .. | 10.14 | 10.30 | .. |
| London Liverpool Street | Arr | 06.24 | 06.51 | 07.21 | 07.28 | | 07.50 | 07.58 | 08.14 | 08.29 | 08.42 | 08.55 | | | 09.12 | 09.25 | | 09.42 | | 09.55 | | 10.12 | 10.25 | | 10.42 | |

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| Cambridge North | Dep | .. | .. | .. | 22.42 | .. | 23.19 | .. |
| Cambridge | Arr | | | | 22.48 | | 23.24 | |
| Cambridge | Dep | .. | 22.31 | .. | 22.50 | .. | .. | .. |
| Shelford | | | | | 22.55 | | | |
| Whittlesford | | .. | 22.39 | .. | 23.00 | .. | .. | .. |
| Great Chesterford | | | | | 23.04 | | | |
| Audley End | | .. | 22.47 | .. | 23.10 | .. | .. | .. |
| Newport (Essex) | | | | | 23.13 | | | |
| Elsenham | | .. | .. | .. | 23.19 | .. | .. | .. |
| Stansted Airport ← | Arr | | | | | | | |
| Stansted Airport ← | Dep | 22.45 | .. | 23.15 | .. | 23.45 | .. | 00.30 |
| Stansted Mountfitchet | | 22.51 | | | 23.25 | | | |
| Bishops Stortford | Arr | 22.55 | 23.00 | 23.24 | 23.29 | 23.54 | .. | 00.39 |
| Bishops Stortford | Dep | 22.55 | 23.00 | 23.24 | | 23.54 | | 00.39 |
| Sawbridgeworth | | .. | 23.05 | .. | .. | .. | .. | .. |
| Harlow Mill | | | | | | | | |
| Harlow Town | Arr | 23.03 | 23.10 | 23.32 | .. | 00.02 | .. | 00.47 |
| | Dep | 23.03 | 23.10 | 23.33 | | 00.02 | | 00.47 |
| Roydon | | .. | .. | .. | .. | .. | .. | .. |
| Hertford East | Dep | | | | | | | |
| Ware | | .. | .. | .. | .. | .. | .. | .. |
| St. Margaret's | | | | | | | | |
| Rye House | | .. | .. | .. | .. | .. | .. | .. |
| Broxbourne | Arr | | 23.16 | | | | | |
| | Dep | .. | 23.16 | .. | .. | .. | .. | .. |
| Cheshunt | | | 23.20 | | | | | |
| White Hart Lane | Arr | | | | | | | |
| | Dep | .. | .. | .. | .. | .. | .. | .. |
| Seven Sisters ⇄ | Arr | .. | .. | .. | .. | 00.21 | .. | .. |
| | Dep | | | | | 00.21 | | |
| Waltham Cross | | | | | | | | |
| Enfield Lock | | .. | .. | .. | .. | .. | .. | .. |
| Brimsgate | | | | | | | | |
| Ponders End | | .. | .. | .. | .. | .. | .. | .. |
| Meridian Water Station | | | | | | | | |
| Northumberland Park | Arr | .. | .. | .. | .. | .. | .. | .. |
| | Dep | | | | | | | |
| Tottenham Hale ⇄ | | 23.18 | 23.32 | 23.49 | .. | .. | .. | .. |
| Lea Bridge | | | 23.36 | | | | | |
| Stratford ⇄ | | .. | 23.44 | .. | .. | .. | .. | .. |
| Hackney Downs | | | | | | | | |
| London Liverpool Street | Arr | 23.39 | 23.55 | 00.09 | | 00.36 | | 01.21 |